



California Council of Chapters of MOAA (CALMOOAA)

May 2021 issue

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Notes from the President's Desk

May is Asian-Pacific American Heritage Month. In 1992, Congress designated the month of May to commemorate contributions that Asian-Pacific Americans have made to our country. Asian-Pacific Americans have fought in the U.S. military since the Civil War, and the 442nd Regimental Combat Team of Japanese Americans fought against prejudice while serving in Europe during WWII. We honor their service.



Susan Ann Cuddy, the first female Asian-American to serve in the Navy and also its first female gunnery officer. She also served as an instructor in both combat air tactics and the use of the .50 caliber machine gun,

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worked at U.S. Naval Intelligence as a code breaker, and served as Navy liaison to the Library of Congress. After leaving active duty, Cuddy served as Section Chief at the National Security Agency (NSA). Click the link to read more about her life and achievements as a trailblazer for others #AAPI #navyheritage:

<https://go.usa.gov/xHESG>



“Always Serving” - North Valley Military Institute (NVMI) reached out to us and to MOAA to see if we have a chapter in the area to be a part of them. I realize we no longer have a chapter near North Valley Military Institute (NVMI). But we do have the opportunity to include them in our sphere of “Always Serving” NVMI is all about helping 650 young men and women in grades 6-12 become the best they can be. NVMI makes a huge difference to kids who are underserved, who graduate with discipline and structure that they apply to their academic and personal lives, becoming leaders of character, physically fit, good citizens, and scholars ready to succeed in college. Dr. Mark Ryan, LTC, California National Guard, Ret is the Superintendent of NVMI. I ask you to take a look at this article below in this newsletter.

I would also like to Congratulate winners of the Harris Communications Award. This year’s awards went to the following chapters. As you know, effective communications are critical to recruiting and retention as well as keeping your members connected and engaged. Thank you.

Alias	Chapter	Name	Subject	Chapter	Final Award (ERIN)
CA01	Alta Chapter of MOAA	Dawn Wyllie	Print Newsletter - Communication Award	Alta Chapter of MOAA	5 Star
CA07	Alameda County Chapter, MOAA	Ramona Chavez	Print Newsletter - Communication Award	Alameda County Chapter, MOAA	5 Star
CA20	Miramar Chapter	Bernard L Marstall	Print Newsletter - Communication Award	Miramar Chapter	5 Star



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CA20	Miramar Chapter	Bud Lichtenstern	Website - Communication Award	Miramar Chapter	5 Star
CA21	Monterey County Chapter	Richard H Barratt	Print Newsletter - Communication Award	Monterey County Chapter	5 Star
CA32	Riverside March Field Chapter	Altie Holcomb	Print Newsletter - Communication Award	Riverside March Field Chapter	5 Star
CA45	Silver Strand Chapter	Stephen E Donlon	Print Newsletter - Communication Award	Silver Strand Chapter	5 Star
CA54	Hidden Valley Chapter	David C Yorck	Print Newsletter - Communication Award	Hidden Valley Chapter	5 Star

URGENT - > I would like someone to volunteer to be CALMOOAA TOPS Officer. As some of you are aware Bud will be leaving our Council this summer. As of today this announcement has been word of mouth. If you are interested in becoming CALMOOAA's TOPS Officer please reach out to Bud and me.

Please note the following significant dates and MOAA deadlines:

1. May 9 – Mothers Day
2. May 8th Happy 110th Birthday Navy Aviation!!
3. May 13 – Happy 113th Birthday Navy Nurse Corps!!!
4. May 15th Armed Forces Day
5. May 22 Happy 109th Birthday Marine Corps Aviation
6. May 5, 1950 – Congress approved the Uniform Code of Military Justice for the “government of the armed forces of the United States.
7. Mercer Advertising Campaign Ends 31 May 2021
 - a. If you haven’t reached out to Michele Armesto email michele.armesto@mercer.com please do before the deadline and submit your IRS W9 form. You can download the IRS W9 form by going to this link <https://www.irs.gov/pub/irs-pdf/fw9.pdf>
8. Strobridge Legislative Chair / Liaison Nomination Deadline 1 June 2021
9. Surviving Spouse Liaison Nomination Deadline 1 June 2021
10. October Military Officer Magazine Chapter Input Due 1 Jul 2021
11. Annual Meeting / LOE Award Ceremony October 2021
12. **Southwest Leaders’ Regional Workshop (Southern California) 19 – 20 Nov 2021**
 - a. **Note this may be held in the San Diego County or the Los Angeles County Area or it maybe a Virtual Meeting. More to follow as we get closer.**
 - b. **If it is held in person I would like to combine our annual meeting with the Regional Workshop and to have as many chapter representatives attend.**
 - c. **I would also like to have volunteers to help set up a golf tournament as a fund raiser for CALMOOAA.**



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13. **The 2nd Quarter All Hands is being moved from April to May 2021.** Please see the new schedule below:

- a. CALMOAA AVP ALLHANDS Quarterly meeting schedule:
 - i. The April 16th meeting has been moved to **May 20th from 1800 - 1930**
- b. CALMOAA ALLHANDS Quarterly meeting schedule:
 - i. The April 30th meeting has been moved to **May 27th from 1800 - 1930**

In addition to the above there are a few chapters who have not paid chapter dues per our Bylaws. Allen Maxwell (his email is allen.maxwell@omni2max.com) sent invoices electronically to each chapter President, Chapter Treasure, and Area Vice President. Some of you may have overlooked his email. His invoiced used your January numbers as announced at our last all hands. Those numbers were used to allow each chapter time to update their module. The result of the delay was invaluable in that we truly got to see how many people are actually in your chapter. Only one chapter had an increase in January. Everyone else saw a decrease in their numbers. Please advise if you need Allen and/or me to retransmit your invoice.

Remember CALMOAA is here to help to the best of its ability. Please reach out whenever. Please visit CALMOAA website www.Californiamoaa.com it has a wealth of info about VA and TRICARE benefits, job opportunities and much more. Please visit it often!

Stay Safe and be careful out there.

E Fred Green, Jr.
President CALMOAA

CALMOAA Invoices

CALMOAA Treasure Allen Maxwell emailed the CALMOAA Invoices on 6 February 2021 to the Area VP and he copied the Chapter Presidents and Chapter Treasure. Dues are due payable by 1 April 2021. Please feel free to reach out to Allen if you have any questions.

“Online Chapter Dues Program”

Did you know the “Online Chapter Dues Program” allows members to join, pay for chapter membership and donations using a user-friendly platform. To find out more, select this

link: <https://www.moaa.org/content/chapters-and-councils/chapter-recruitingx/recruiting-materials/online-chapter-membership-dues-join-and-renewal/>

Veteran Administration

National Personnel Records Center (NPRC) Veteran Service Records - Due to the COVID-19 pandemic, the NPRC has been closed and only completing emergency requests. As of March 8, 2021, the NPRC entered into a phased expansion of our onsite workforce. While we continue to increase our on-site staffing, we are still servicing requests associated with medical treatments, burials, and homeless veterans seeking admittance to a homeless shelter. Please refrain from submitting non-emergency requests such as replacement medals, administrative corrections, or records research until we return to pre-COVID staffing levels. (ref



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<https://www.archives.gov/veterans>). Note NRPC is responding to request from the VA for the temporary loan of original records needed to adjudicate claims. Most requests from the VA are serviced promptly, normally in three days or less.

Are there alternate sources to obtain military service records?

Yes, modern service records, generally for veterans who separated after Calendar Year 2002, are available in electronic format. NRPC has deployed new digital delivery functionality to enable some of these requests to be serviced by its staff from remote locations. To be eligible for this service it is imperative that requesters submit a request using our online application, [eVetRecs](#), and provide an email address with their request. If you provide an email address and your request involves records available in electronic format, our staff will obtain the records and provide you with credentials that will enable you to download the requested records from a secure server. This service is available only when (1) the responsive records are available in digital format, and (2) requesters provide an email address with their request.

In many instances, records that are available in electronic formats may also be accessed directly by veterans, without involvement from NRPC, through the Department of Veterans Affairs (VA) eBenefits application at <https://www.ebenefits.va.gov/ebenefits/homepage> or the Department of Defense milConnect application at <https://milconnect.dmdc.osd.mil/milconnect/>. Modern military medical records may be accessed through the VA's Blue Button application at <https://www.va.gov/health-care/get-medical-records/>. For more information regarding the online availability of VA and military records, please visit <https://www.va.gov/records/>.

At this time they are not able to provide a more optimistic forecast for the resumption of normal service levels. More information about the National Archives' response to coronavirus can be found at [archives.gov/coronavirus](https://www.archives.gov/coronavirus).

It is estimated that there maybe a two-year backlog in veterans' records requests, the result of reduced staffing during the pandemic.

Summer Recruitment and MOAA Quarterly Incentives

As summer approaches and graduation is upon our steps this is a perfect time to reach out and ask your young Cadets and Midshipman to join MOAA. This is the time to offer them a free membership as a Basic member of MOAA and/or a Premium membership. Remember to ask for their home email address so that they can keep their membership going. In regard to recruitment incentives from MOAA please remember MOAA is paying incentives for Premium and Life time members. If you do not have the new 2021 Chapter Recruiting Program Guide please go to this link to <https://www.moaa.org/content/chapters-and-councils/chapters-and-councils/council-and-chapter-recruiting-and-membership/> link to download the guide or reach out to Davide Yorck, your Area VPs, and/or me if you do not access to the guide and we can email it to you.

In addition to the Chapter Recruiting Program Guide please look at the following:

- 1) Council and Chapter Guide to MOAAs Basic Membership (please see c-c-guide to basic membership pdf attached)
- 2) Chapter Recruitment email template from MOAAA to send emails to officers you know to encourage them to join MOAA and your chapter. MOAA recommends every member of your board and chapter to do the same (please see word document attached).



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2021 MOAA Quarterly Incentives – Chapters will receive \$50 bonus for that quarter if they are using the following tools/ resources by the last day of the quarter as follows:

- 2nd quarter, April 1 – June 30: Chapter has an active website or self-populated MOAA web presence. Self-report with URL required to chapters@moaa.org by June 30.
- 3rd quarter, July 1- September 30: New Association Management System implementation, details TBD.
- 4th quarter, October 1 – December 31: Chapter held an event (may be virtual) sometime during the year to increase community awareness of the chapter AND reports it on a Levels of Excellence (LOE) submission in 2022.

Reminders and instructions to submit information, where required, will be sent prior to award determination.

Annual Recruiting Incentive (Premium and LIFE)

Chapters will earn \$15 for every incentive-qualified PREMIUM member, and \$30 for every incentive-qualified LIFE member who is new or upgrades membership level during the calendar year. An incentive-qualified member is one who has NOT been a national MOAA member in the preceding three years (except in the case of upgrades). Incentives will be paid by EFT in January of 2022.

National Legislation and MOAA Advocacy in Action

NATIONAL LEGISLATIVE HIGHLIGHTS

<https://takeaction.moaa.org/moaa/?0>

Advocacy in Action topics this year.

1. Comprehensive Topic Exposure

Congress: Enact these bills to support comprehensive toxic exposure reform. Cosponsor the Veterans Burn Pits Exposure Recognition Act, S. 437 – Concede exposure for those who served where burn pits were used in Southwest Asia. Increase reporting, transparency, and oversight of established presumptives and special interest conditions. Cosponsor the Toxic Exposure in the American Military (TEAM) Act., S. 927/ H.R. 2127
* Support health care for exposed service members. * Create an advisory committee to recommend research.
* Require the VA to respond to scientific evidence associating diseases with toxic exposure.

<https://takeaction.moaa.org/moaa/app/write-a-letter?3&engagementId=511223>

2. TRICARE Young Adult Parity (TYA) H.R. 475 – Please ensure military families have the same health care protection for their young adult children as their civilian counterparts covered by commercial plans.

<https://takeaction.moaa.org/moaa/app/write-a-letter?7&engagementId=511394>

3. Basic Needs Allowance H.R. 2339 – We are seeking bipartisan support for our military families facing food insecurity. Your co-sponsorship of this legislation will help us secure this bill in FY 2022 National Defense Act. Support for military families. <https://takeaction.moaa.org/moaa/app/write-a-letter?11&engagementId=511409>

CALMOAA Advocacy in Action – BG Dan Pemberton (Conejo-Simi Valley Chapter President) and Gene Talmadge, CDR, CEC, USN met with Congressman Mike Garcia (CA District 25) and presented the CALMOAA Certificate of Appreciation, the CALMOAA Coin, and other MOAA-related legislative

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information (Advocacy in Action handouts on issues of importance). They had a Very congenial meeting and good discussion. (In fact, Congressman Mike Garcia is in the process of joining Conejo-Simi Valley Chapter.)



Here is a photo taken at the presentation. BG Dan Pemberton, Congressman Mike Garcia, and CDR Gene Talmadge.

The Monterey Chapter MOAA (MoCaMOAA) chapter met with Congressman Jimmy Panetta at his local office in Salinas, California. Congressman Panetta a veteran himself, is very supportive of the military and veterans' communities in general. The Congressman seemed genuinely appreciative of the certificate and challenge coin awarded to him. MoCalMOAA will be sending Congressman Panetta and his district director applications for membership in MOAA.



Representatives from MoCoMOAA's chapter president, vice president, legislative liaison (Dick Barratt, Louise Goetzelt, and Gary Ohls) meeting with Congressman Panetta.



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North Valley Military Institute

Did you know Los Angeles has a military academy? Founded in 2013, the North Valley Military Institute College Preparatory Academy (NVMI) is a grades 6-12 public military charter school, located in Sun Valley (in the northeast San Fernando Valley). The school was modeled after the highly successful Oakland Military Institute, founded by Governor Jerry Brown. NVMI's Superintendent, Dr. Mark Ryan, worked with Governor Brown for 8 years leading the Oakland Academy, and then Jerry and Mark partnered together to create a Los Angeles version of that school. NVMI boasts a 100% graduation rate! One hundred percent of graduates are accepted to four year colleges! About a third graduate from high school with an Associate's Degree, thanks to a partnership between NVMI and Los Angeles Mission College in which cadets take college courses on the NVMI campus, for which they receive both college and high school credit. About a quarter go on to study in one of the ROTC programs or service academies to become military officers.

NVMI is making a huge difference in the lives of the young people they serve. Currently, about 750 young men and women attend the Academy. The school is open from 0645-1930 six days a week to provide a high quality education rooted in four pillars - ACADEMICS (ensuring college and career readiness), LEADERSHIP (developing leaders for our world, using the Army JROTC curriculum), CITIZENSHIP (instilling honor and moral character), and ATHLETICS (promoting fitness and teamwork). The student population NVMI serves is 98% free lunch, 40% English learners, 25% Special Education, and 11% foster and homeless youth.

NVMI has ten different ways MOAA members can support the Academy's worthwhile mission:

- 1) The NVMI Board of Trustees meets monthly on the fourth Tuesday at 1600 on the NVMI campus. They are always looking for retired officers willing to serve on that board.
- 2) Because all cadets wear a uniform to school every day, NVMI provides each cadet with a complete set of uniforms valued at more than \$1000 per cadet. The tax dollars NVMI receives pay for the teaching staff and other basic needs, but uniforms and accouterments are not covered. NVMI would be very appreciative of any donations to support their effort (all donations are tax-deductible to the fullest extent allowed by law).
- 3) NVMI has many cadets enrolled in ROTC programs nationwide and the federal service academies. Those former NVMI cadets generally cannot afford to travel back and forth from home for holidays, and if any MOAA members have frequent flyer miles they could donate to these cadets, you would be making a meaningful difference in their lives.
- 4) A fund raising Veteran's golf tournament will take place Friday 12 November. All are welcome.
- 5) NVMI sponsors a Veterans Day Fun Run and Military Band Concert on Saturday, 12 November in Sylmar. NVMI welcomes participants in the Fun Run and spectators for the concert.
- 6) Would you be willing to participate in an oral military history project? NVMI cadets collect those histories for their study of American military history. They are also always looking for veterans to speak to history classes.



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7) All MOAA members are welcome at any of the Academy's Pass in Review ceremonies as part of the Reviewing Party. The 2021-2022 Pass in Reviews occur at 1130 hours on the following days: Saturday 14 August 2021 (graduation for the incoming recruits), Wednesday 22 September (entrance of new recruits into military companies), Wednesday 10 November (In Celebration of Veterans Day), Thursday 17 February (Cadet Achievement Awards), and Thursday 26 May (Senior Military Ceremony, Cadet Change of Command, and in honor of Memorial Day).

8) NVMI is always looking for volunteers to help in classrooms, coach sports teams, chaperon field trips, provide academic tutoring, and more.

9) NVMI is always looking for items that could be used in a silent auction.

10) Please consider NVMI in your estate planning.

For information about any of these opportunities to support NVMI, please email Dr. Mark Ryan, NVMI Superintendent at mryan@novamil.org or you can always call or text him at 323-217-4481.

Surviving Spouse Corner: Join MOAA's Surviving Spouse Virtual Chapter

By: MOAA Chapters

MOAA's Surviving Spouse Virtual Chapter is an affinity group whose members share information and ideas with others in a virtual environment. After starting the virtual meetings through quarterly teleconferences, the Surviving Spouse Virtual Chapter now meets monthly through Zoom. Almost 40 states are represented in the membership. This chapter is intended to be an enhancement to, rather than take the place of, geographic chapters, and there are no dues.

Several weeks in advance of each meeting, members receive an email alerting them to the date and time of the gathering; a follow-on email with instructions for joining is sent several days prior to each meeting. The session is kept to an hour and a half and members can log on or off according to their schedule. Topics of discussion and presentations have included Survivor Benefit Plan-Dependency and Indemnity Compensation offset updates, financial information, and updates from MOAA national as well as other items of interest.

Members participate to the extent they are able. While the chapter is geared toward surviving spouses and surviving spouse liaisons, any MOAA spouse is welcome for membership. MOAA's mantra "Never Stop Serving" is espoused to make a difference locally, statewide, and nationally. Download a membership application [at this link](#). It can also be obtained by sending a request to mssvc02@gmail.com.

TRICARE Pharmacy Reforms: How MOAA Is Working to Improve Your Coverage

By: Karen Ruedisueli

The TRICARE benefit should protect military families with comprehensive health care coverage. That is why MOAA continues efforts to improve how TRICARE deals with [Tier 4/non-covered](#) drugs. Recently, MOAA



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has urged the Defense Health Agency (DHA) to re-evaluate Dexilant as a Tier 4 drug and has asked Congress to require an appeals process for drugs excluded from TRICARE coverage.

TRICARE used to cover all Food and Drug Administration-approved medications, placing them in one of three tiers – Generic, Brand Name and Non-Formulary – with varying copays for beneficiaries. Now, drugs the DHA categorizes as “Tier 4/non-covered” are excluded from coverage under TRICARE – they aren’t covered at retail pharmacies or through the [TRICARE Pharmacy Home Delivery](#) program, and they cannot be obtained at military treatment facility (MTF) pharmacies.

What is the [origin](#) of this TRICARE pharmacy program change? Congress included a provision in the FY 2018 National Defense Authorization Act allowing the DoD Pharmacy and Therapeutics (P&T) Committee, which resides in the DHA, to identify drugs to be excluded from TRICARE coverage. The P&T Committee may recommend, and the DHA director may approve, exclusion of a drug determined to provide very little or no clinical effectiveness.

While DHA has categorized relatively few drugs as Tier 4, MOAA believes there is already one drug – Dexilant – that has been moved to Tier 4 in a way that does not align with congressional intent to limit Tier 4 drugs to those with little to no clinical effectiveness. Dexilant is a proton pump inhibitor indicated for the treatment of gastroesophageal reflux disease (GERD) and the maintenance of healed erosive esophagitis. Approximately 19,000 TRICARE beneficiaries were taking Dexilant when it was moved to non-covered status. Since [Dexilant was moved to Tier 4](#), we have heard from numerous MOAA members and other TRICARE beneficiaries about how this decision has negatively impacted them. Most tried other prescription and non-prescription alternatives that have not worked as well as Dexilant or have left symptoms unchecked.

MOAA research suggests TRICARE’s non-coverage of Dexilant is out of step with commercial plans and other government payers. According to Dexilant’s manufacturer, Takeda Pharmaceuticals, Dexilant is covered by approximately 80% of commercial plans, 70% of Medicare Part D plans, 70% of fee-for-service Medicaid and 45% of managed Medicaid plans. We have provided beneficiary feedback and coverage comparisons to DHA and urged officials to restore Dexilant to the TRICARE formulary. The P&T Committee included a reassessment of Dexilant coverage on its February 2021 [agenda](#); we are waiting to learn the results of that meeting.

Coverage Appeals

Charges for Tier 4/non-covered drugs do not count against the [catastrophic cap](#), exposing TRICARE beneficiaries to unlimited financial risk from non-covered prescription drugs. In addition to pushing for Dexilant to be reinstated to the TRICARE formulary, we have urged Congress to require an appeals process that would allow TRICARE beneficiaries to make the case for coverage of Tier 4 drugs because of medical necessity.

We believe DHA has the authority to implement an appeals process, so legislation may not be necessary. We continue to advance this issue with DHA and the Armed Services Committee staff in both chambers to achieve an appeals process for Tier 4 drugs. At a minimum, TRICARE coverage should align with that of high-quality commercial plans. The extraordinary challenges and sacrifices associated with military service should earn a comprehensive health care benefit. We will continue our efforts to ensure TRICARE beneficiaries are protected



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from unexpected coverage gaps. MOAA is tracking member communications on Tier 4 and using them to drive advocacy efforts. Are you taking a drug that has been moved to Tier 4/non-covered status? Please share your experience at legis@moaa.org.

Post-Pandemic Economy Offers Hope for Veterans

By: Brian Anderson

According to economists at Goldman Sachs, the U.S. is on course for an employment boom this year once pandemic restrictions ease and the economy reopens.

This new outlook predicts the unemployment rate, currently at 6.2%, will fall to 4.1% by the end of the year, [per a Bloomberg.com report](#). The Goldman Sachs forecasters also expect participation in the jobs market to pick up, because “most workers who left the labor force still cite the pandemic as their reason, and will likely re-enter once life normalizes.” So, you may want to get a jump on additional competition re-entering the work force. Whether you’re transitioning to civilian life from the military or a veteran seeking a career change, there are some excellent employment opportunities available to match the leadership, management, and unique skills and abilities honed throughout your military experience.

To help you get started in your job search, Indeed put together [a list of 25 jobs for veterans](#) across a variety of professions and industries, depending on your interests and specializations. MOAA has teamed with Indeed to provide employment advice and resources to MOAA members and the wider uniformed services community via multiple platforms – webinars, [articles at MOAA.org](#), and biggest of all, [MOAA’s Job Board](#) where 10 new job postings are listed every second! Be sure to join MOAA and Indeed experts for [a special webinar event](#) on Tuesday, May 11, at 2 p.m. Eastern to learn how to best leverage the advanced features of MOAA's Job Board. You'll walk away with best practices to optimize your job search in this quickly recovering economy, tips to ensure employers take notice ... and a clear path to landing that position!



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Ready Reference Contact Information

Air Force Retiree Services: (800) 531-7502;
www.retirees.af.mil

Arlington National Cemetery: (703) 607-8000;
www.arlingtoncemetery.org

Armed Forces Retirement Home: (800) 422-9988;
www.afrh.gov

Army & Air Force Exchange Service: (214) 312-2011;
www.aafes.com

Army Retired Services: (703) 571-7232;
<https://soldierforlife.army.mil/retirement>

Burial at Sea Information: (866) 787-0081;
[webpage](#)

Combat Related Special Compensation:
www.donhq.navy.mil/corb/crscb/crscmainpage.htm

DEERS: (800)-538-9552, Fax: (831) 655-8317;
www.tricare.osd.mil/deers

Defense Commissary Agency:
www.commissaries.com

DFAS Casualty Assistance Branch: (800) 321-1080
or (216) 522-5955; (For Reporting a Retiree's
death, option #1)

Fleet Reserve Association: (703) 683-1400;
www.fra.org

Gulf War homepage: www.gulflink.osd.mil

I.D. Cards Benefits and Eligibility: (866) 827-5672;
<http://www.mynavyhr.navy.mil/Support-Services/Pay-Pers-Support/ID-Cards/>

Internal Revenue Service: (800) 829-1040;
www.irs.gov

Marine Corps Retired Affairs: (800) 336-4649;
www.usmc.mil
(Hover over "Marine Services" then click on
"Retired Services")

Medicare: (800) 633-4227. TTY: (877) 486-2048;
www.medicare.gov

Military Officers Assoc. of America: (800) 234-6622; www.moaa.org

National Burial Services: (800) 697-6940

NPC Navy Reserve Personnel Management (PERS
9): (866) 827-5672;
www.mynavyhr.navy.mil/Career-Management/Reserve-Personnel-Mgmt/

Navy Casualty Assistance: (800) 368-3202

Navy Retired Activities Office: (866) U-ASK-NPC
(866-827-5672) MILL RetiredActivities@navy.mil;
www.mynavyhr.navy.mil/Support-Services/21st-Century-Sailor/Retired-Activities/

Navy Uniform Shop: (800) 368-4088; www.navy-nex.com/uniform

Reserve Component SBP: (866) 827-5672 ask for
PERS-912

Retiree Dental — Delta Dental: (888) 838-8737;
www.trdp.org

Servicemembers Group Insurance (SGLI): (800)
419-1473;
www.insurance.va.gov

Pay/SBP Questions: www.dfas.mil



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Pay inquiries and update of pay or SBP records in case of death, divorce or remarriage:

Retiree:

Defense Finance and Accounting Service

U.S. Military Retirement Pay

8899 E 56th Street

Indianapolis, IN 46249-1200

(800) 321-1080 / Fax: (800) 469-6559.

SBP/RSFPP annuitant:

Defense Finance and Accounting Service

U.S. Military Annuitant Pay

8899 E 56th Street

Indianapolis IN 46249-1300

(800) 321-1080 / (800) 469-6559

VA: www.va.gov

Regional offices: (800) 827-1000 (overseas retirees should contact the American Embassy/consulate),

TDD (800) 829-4833

Insurance:

VA Regional Office and Insurance Center

PO Box 7208 (claims inquiries) -ORPO

Box 7327 (loans) -ORPO

Box 7787 (payments)

Philadelphia PA 19101

(800) 669-8477; www.insurance.va.gov

Burial information: (800) 827-1000;

www.cem.va.gov

GI Bill: (888) 442-4551; www.gibill.va.gov

Records:

For replacement DD 214s, service records, medical records, award information:

Retired prior to 1995:

www.archives.gov/veterans/militaryservice-records

Retired after 1995:

Navy Personnel Command

PERS-312E

5720 Integrity Drive

Millington, TN 38055-3120

Fax requests to: (901) 874-2664

Gray-area reservists: (866) 827-5672

Navy recreation: www.mwr.navy.mil

Navy Gateway Inns & Suites: <http://dodlodging.net>

ITT: <http://navymwr.org/mwrprgms/itt.html>

Sister service retiree publications:

Air Force Afterburner:

www.retirees.af.mil/afterburner

Army Echoes:

<https://soldierforlife.army.mil/retirement/echoes>

Coast Guard Evening Colors:

<http://www.uscg.mil/hq/cg1/psc/ras>

Marine Corps Semper Fidelis:

www.manpower.usmc.mil/portal/

[page/portal/M_RA_HOME/MM/SR/RET_ACT/Semper_Fidelis](http://www.manpower.usmc.mil/portal/page/portal/M_RA_HOME/MM/SR/RET_ACT/Semper_Fidelis)

TRICARE: www.mytricare.com/mtc

TRICARE East:

www.humanamilitary.com/beneficiary

AL, AR, CT, DC, DE, IL, IN, KY, FL, GA, LA, MA, MD, ME, MI, MS, NC, NH, NJ, NY, OH, OK, PA, RI, SC, TN (except 35 Western zips), TX (except the extreme Western area) VT, VA, WI, and WV

TRICARE West: www.tricare-west.com

AK, AZ, CA, CO, HI, ID, IA (except 82 zips near Rock Island), KS, MO (except St. Louis area), MN, MT, ND, NE, NM, NV, OR, DE, SW TX, UT, WA, WY some zips in IA, MO, TN

TRICARE Overseas: (888) 777-8343; www.tricare-overseas.com

TRICARE For Life: (866) 773-0404;

www.tricare.mil/tfl

TRICARE mail order pharmacy: (877) 363-1303;

www.tricare.mil/pharmacy

www.express-scripts.com

Contact info:

2021calmoaa@gmail.com



California Council of Chapters of MOAA (CALMOAA)

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U.S. Senate directory for 117th Congress.

https://www.senate.gov/general/contact_information/senators_cfm.cfm

U.S. Senate: Contacting U.S. Senators

<https://www.senate.gov/senators/senators-contact.htm>

U.S. Senate: Committee on Veterans' Affairs

https://www.senate.gov/general/committee_membership/committee_memberships_SSVA.htm

U.S. Senate: Committee on Armed Services

https://www.senate.gov/general/committee_membership/committee_memberships_SSAS.htm

House Armed Services Committee members

<https://armedservices.house.gov/meet-our-members>

MOAA Surviving Spouses And Friends (Private Group) - Facebook link

https://www.facebook.com/groups/581427115240904/?multi_permaLinks=3829526447097605%2C3825063920877191%2C3824863560897227%2C3821842571199326%2C3815695241814059¬if_id=1609513928974893¬if_t=group_activity&ref=notif

CALMOAA (Private Group) – Facebook Link: www.facebook.com/groups/582556558468846/

Military Officers Association of America (MOAA) - Facebook link

<https://www.facebook.com/28446275521/posts/10159082027055522/?d=n>

