



# California Council of Chapters of MOAA (CALMOAA)

February 2022 issue

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## Notes from the President’s Desk

February is [BLACK HISTORY MONTH](#)  
**HERE’S WHY BLACK HISTORY MONTH IS CELEBRATED IN FEBRUARY**

by [Jeroslyn Johnson](#) February 1, 202229751

Black History Month is the one time of year [when](#) the country unreluctantly shines a light on the history, triumphs, and trials of African Americans that shaped much of the nation’s history. In 1926, historian [Carter G. Woodson](#) became the first to petition for a designated time when the history and accomplishments of Black Americans would be highlighted and recognized nationwide, as noted by historian and the president of the Association for the Study of African American Life and History, W. Marvin Dulaney. Woodson, the “father of Black history,” initially intentioned for it to be one week where public schools would teach students about Black history, [NPR reports](#). Woodson selected the second week of February as Negro History Week and petitioned fellow historians through the Study of Negro Life and History, which he founded in 1915 before its name was changed to the Association for the Study of African American Life and History (ASALH). Woodson’s initiative grew in acceptance over the years and by the late 1960s had expanded into the entire month of February. While it is the shortest month of the year, the second week of February was selected to coincide with the birthdays of Abraham Lincoln and Frederick Douglass. With Lincoln’s decision to end slavery and Douglass’ advocacy work as a former slave turned abolitionist, Black History Month was centered around the two prominent leaders.

Since 1976, every U.S. president has recognized the month of February as Black History Month, [History.com reports](#). Other countries, including Canada and the United Kingdom, also devote a month to celebrating Black history.

President **Gerald R. Ford** was the first to officially recognize Black History Month during the country’s 1976 bicentennial. To keep up with Woodson’s introduction of Black History Month, the ASALH selects a new theme for the month each year. For 2022, the [theme](#) is Black Health and Wellness. It’s appropriate given the coronavirus pandemic and its disproportionate effect on the Black community.

“There’s never been a time where Black people and others should not celebrate Black history,” Broussard said. “Given the current racial climate, the racial reckoning that began in wake of George Floyd’s murder ... this is an opportunity to learn.” <https://www.blackenterprise.com/heres-why-black-history-month-is-celebrated-in-february/>

I was honored to visit the Mojave Desert Chapter, Rio Hondo, & Los Alamitos Area Chapters and meet their new officers and the new Area Vice Presidents. Erin Stone swore in Rio Hondo and Los Alamitos Chapters and Patty Wernet swore in Mojave Desert Chapter. Discussions were fluid and enlightening at each chapter meeting. So much that the Mojave Desert asked my wife to join their chapter.

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OUR BILL [AB 1623](#) is scheduled to go before the Revenue and Taxation Committee in February 2022. [AB 1623 Fact Sheet](#) can be used for talking points and letter of endorsement. After the first committee hearing we expect to see principal coauthors and coauthors added to the bill.

If you do not know who your California Senator, Assemblyman/ Assemblywoman is please go to this link: <https://findyourrep.legislature.ca.gov>

Please keep an eye out for “Voter voice” from California State Commanders Veterans Council and/or from Jeff Breiten or I to the membership. We will need everyone to participate in Voter Voice when it comes out. At this time, I am expecting it to address 2 issues. The first would be the AB 1623 to eliminate the state income taxes on Uniform pay and SBP pay. More likely than not it will highlight the number of states that do not tax Military pay. That number rose last year as several states changes their policies. The second is the Umberg bill to eliminate \$5 on veteran CDLs. We believe that the message should include the fact with the gigantic budgets surplus how does the legislature justify charging Veterans \$5. To get a CDL with Veteran on it.

**From:** Ombudsman Registry  
**Sent:** Friday, January 21, 2022 8:47 AM  
**Subject:** **PASSPORT RENEWAL FOR DoD PERSONNEL AND FAMILIES**

Active-duty, reserve and retired service members, and Defense

E Fred Green, Jr.  
President CALMOAA

## Surviving Spouse

Please join “[MOAA Surviving Spouses and Friends](#) (Private Group) – Facebook.” My wife and I are members and it has been very enlightening. Some members of my chapter have also stated how helpful it is even if you are not a surviving spouse. Check out it out.

There is a new Facebook Group called "[DIC Surviving Spouses/DIC Increase Advocacy](#)".

MOAA has a lot of information for Surviving Spouses of on their website <https://www.moaa.org/content/topic-and-landing-pages/i-am-a-surviving-spouse/>. They have

Department civilians and contractors and their families are now able to renew their U.S. passports online, according to the State Department. The online portal, became available Dec. 23, and will now enable customers to renew their passports from the convenience of their homes 24/7 without having to go to a post office to mail their application and supporting documents.

Please share with your families and others who may be eligible for these services. Please see the link below for more information and instruction on the renewal process.

<https://www.defense.gov/News/News-Stories/Article/Article/2880945/dod-personnel-families-can-renew-passports-online/>

The January 2022 page 78 of the MOAA Magazine announced the call for nominations to the MOAA Board. If you are interested please review the new [MOAA Strategic Plan for 2022 – 2026](#) <https://www.moaa.org/uploadedfiles/strategic-plan-2022.pdf>, [MOAA’s Bylaws](#) <https://www.moaa.org/content/about-moaa/moaa-at-a-glance/moaa-bylaws/>, and [MOAA Resolutions](#) <https://www.moaa.org/content/about-moaa/moaa-at-a-glance/moaa-resolutions/>.

brochures about how to be prepared in the case of a death. Look at the VA website [www.va.gov](http://www.va.gov) and look under the presumptive conditions <https://benefits.va.gov/BENEFITS/factsheets/serviceconnecte/d/presumption.pdf> and <https://www.va.gov/search/?query=presumptive%20condition&t=false>. Review your accounts (checking, credit cards, utilities, etc. to ensure that if something happened to one it does not lock out the surviving spouse. Review your Trust and/or Will to ensure it has what you and spouse wants. Protect your loved ones!!

Contact info: [2021calmoaa@gmail.com](mailto:2021calmoaa@gmail.com)





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## Significant dates and MOAA deadlines

### CALMOAA Quarterly Meetings

2<sup>nd</sup> Quarter CALMOAA All Hands – Gene Talmadge will be chairing. Keep an eye out for the announcement from Gene.

3<sup>rd</sup> Quarter CALMOAA All Hands – Kathy Prout will be chairing. Keep an eye out for the announcement.

4<sup>th</sup> Quarter CALMOAA Annual Meeting/All Hands – \_\_\_\_\_ will be chairing. Keep an eye out for the announcement.

## Significant dates and MOAA deadlines

### February 2022

- Mercer Ad Program
  - If you haven't reached out to Michele Armesto email [michele.armesto@mercer.com](mailto:michele.armesto@mercer.com) please do before the deadline and submit your IRS W9 form. You can download the IRS W9 form by going to this link <https://www.irs.gov/pub/irs-pdf/fw9.pdf>
- Feb 28: Community Outreach Grant Application Deadline
- Feb 24: MOAA Advocacy

### March 2022

- Mar 1: Scholarship Application Deadline
- Mar 31: MOAA Board Applications must be received by 31 March 2022. Go to [www.moaa.org/boardapplication](http://www.moaa.org/boardapplication) for the application form and detailed instructions.
- CA Vet Commanders Council Meeting 18 March, 2022.

### April 2022

- **Apr 25 – 28: Advocacy in Action / Council Presidents Seminar**
- Apr 28: MOAA Improving Chapter Health

### November 2022

- Nov \_: CALMOAA Election and installation of the new board

CALMOAA is here to help to the best of its ability. Please reach out whenever. Please visit CALMOAA website [www.Californiamoaa.com](http://www.Californiamoaa.com) it has a wealth of info about VA and TRICARE benefits, job opportunities and much more.

## State Legislation Advocacy in Action

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Umberg bill to eliminate \$5 on veteran CDLs. We believe that the message should include the fact with the gigantic budgets surplus how does the legislature justify charging Veterans \$5. To get a CDL with Veteran on it. Now is the time for your voice to be heard on key issues by reaching out to your legislators. Read details at <https://leginfo.legislature.ca.gov>.

If you have not heard [AB 1400](#) on 1 February 2022 died on the third reading. It was not brought to the assembly floor, and it is dead. With that said a new bill could be introduced again before Feb 18<sup>th</sup> 2022 and would start from scratch, and would have to go through the committee process again.

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I am not sure how ACA 11 is now impacted, it was the funding bill for AB 1400, and required a 2/3 majority vote to proceed. ACA 11 is still in committee process.

**If you do not know who your California Senator, Assemblyman/ Assemblywoman is please go to this link:**  
<https://findyourrep.legislature.ca.gov>

Thank you for all the phone calls and emails to our legislators, I want to believe it made a difference in this bill's failure.

### Important dates

- Feb. 18 —Last day for bills to be introduced
- Apr. 7 —Spring Recess begins upon adjournment
- Apr. 18 —Legislature reconvenes from Spring Recess

For more regarding [California 2022 Legislative Bills](https://www.californiamoaa.com/legislation-2/) can be found <https://www.californiamoaa.com/legislation-2/>

### California Senate Bills (Veteran) for 2021 – 2022

[https://leginfo.legislature.ca.gov/faces/billSearchClient.xhtml?session\\_year=20212022&keyword=veteran&house=Senate&author=All&lawCode=All](https://leginfo.legislature.ca.gov/faces/billSearchClient.xhtml?session_year=20212022&keyword=veteran&house=Senate&author=All&lawCode=All)

### California Assembly Bills (Veteran) for 2021 – 2022

[https://leginfo.legislature.ca.gov/faces/billSearchClient.xhtml?session\\_year=20212022&keyword=veteran&house=Assembly&author=All&lawCode=All](https://leginfo.legislature.ca.gov/faces/billSearchClient.xhtml?session_year=20212022&keyword=veteran&house=Assembly&author=All&lawCode=All)

### National Legislation and MOAA Advocacy in Action

#### NATIONAL LEGISLATIVE HIGHLIGHTS

<https://takeaction.moaa.org/moaa/?0>

**2022 Chapter Recruiting Program Guide** is available for download on the MOAA Councils and Chapters page [here](#). We encourage all council and chapter leaders to review and utilize this guide for important updates, tools, resources, ideas, and incentives - all designed to help with your recruiting and retention efforts. There are two notable changes to the recruiting program for this year:

- Quarterly Incentives have been disestablished for this program year in order to redirect the resources to other aspects of chapter effectiveness and sustainment.
- We have expanded the scope of the popular Community Sponsorship Program to allow use of sponsorship money to procure “MOAA branding” supplies which aid in outreach and recruiting (such as a banner or table covering with your chapter logo).

In addition to the recruiting guide, please check out the Councils and Chapters page [here](#) to find even more ideas and tools for running an effective chapter. Take advantage of our monthly roundtables and other training events to network with your counterparts and brainstorm solutions and best practices.

### **MOAA Store**

The [MOAA Store](#) is officially back up and running! There are variety of items that can be found in the store at <https://moaa.estore.shop/>. From apparel to headwear and much more, there are many items to show your MOAA pride!

ROTC & JROTC Medal Update: The temporary site for ROTC/JROTC items that was launched in November 2021 is now closed and any remaining inventory can be found in the new store. **However, please note that medals are completely sold out.** The new vendor is currently working to procure (newly designed, 8-service) medals and certificates of suitable quality at an acceptable price. We are working with the vendor to replenish our ROTC/JROTC stock as quickly as possible.

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## CALMOAA TOPS - NAVNET

You can find career opportunities at the NAVNET website [www.navnetresources.com](http://www.navnetresources.com) which will be added to the CALMOAA website. If anyone has and/or know of any openings for NAVNET they can send them to Tom Hammons at [tom@navnetresources.com](mailto:tom@navnetresources.com).

## HUMOR from SOLE International Society of Logistics

*The military branches explained:* The **Army**, **Navy**, and **Marines** are all brothers in a family. The **Army** is the oldest and mom and dad made all their parenting mistakes with him. The **Navy** is the middle son, they're the explorers who left home and no one cared. The **Marines** are the youngest who mom and dad let do whatever they want, and they still have an inferiority complex due to their small size.

Well, mom and dad got divorced once all the boys were grown. Mom remarried to a rich guy and quickly gave birth to a fourth son, the **Air Force**. Now she loves him the most,

## Need Help Going Remote? Check Out This MOAA Webinar

By: Brian Anderson

Early in the pandemic, Forbes reported one of the impacts of COVID-19 may be the transition of more positions to remote work. While 5% of full-time employees with office jobs worked primarily from home pre-pandemic, Upwork forecasted 26.7% of U.S. employees would have some alternate working arrangement in 2021. Did those predictions pan out? Is a permanent increase in remote work settling in as the new normal? Well, according to a recent survey, 76% of employers and 74% of employees said yes. As further evidence, FlexJobs, a leader in the telework space for more than a decade, saw a 12% increase in the number of remote job listings over the past year, with leading indicators showing these trends:

The job listings themselves reflected more variety in job titles and career levels, with roughly 80% seeking experienced and manager-level roles. Remote jobs in accounting/finance, marketing, and HR fields grew substantially. Computer/IT, health care, and customer service remain steady prospects for prospective teleworkers, but they do not dominate the marketplace like in previous years. A record number of new companies (34) made FlexJobs Top 100 Companies to Watch

showers him with the best toys, and buys him whatever he wants. When they go on vacation they fly first class, stay in 5 star hotels, and enjoy the finest meals. The **Air Force** is spoiled rotten, and his three older brothers have bitter resentment toward him for this.

Finally there's the **Coast Guard**. The **Coast Guard** is the rich stepdad's son from his first marriage and none of the other brothers think or act like he's part of the family. [*The Space Force is the children's imaginary friend.*]

That's the best way to explain the various service branches and their internal dynamics to civilians.

for Remote Jobs in 2022, signaling companies are committed to hiring for remote jobs for the long term.

For many, the everyday world of work as we've known it has changed, arguably for the better. As more and more people opt for, and succeed at, various remote work options, MOAA is here to help. We recently hosted an engaging and informative webinar with special guest presenters (and military spouses) Toni Frana and Cidnye Work of FlexJobs to highlight.

- Benefits, tips, and strategies for remote work/telework
- How to make yourself a successful remote candidate
- Promising career fields for remote-friendly jobs
- COVID-19 and its enduring impact on the workplace
- And much more!

Jump-start your remote work search! For a limited time, everyone can access a FREE recording of this webinar [at this link](#) to view at your convenience. MOAA Premium and Life Members can access all previous MOAA webinars through our Webinar Schedule and Archive page (MOAA.org login required). Military spouses also are eligible for a free, one-year membership to FlexJobs. Learn more about the program [at this link](#).





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## Surviving Spouse Corner: End-of-Life Documents

By: Barbara Ann Bowman

Most people would list among end-of-life documents a will, a trust, an advance directive, a DNR (do not resuscitate) order, and a durable power of attorney. But the list of documents that deal with end-of-life issues is much longer. Deeds to real property, beneficiary declaration for life insurance, and the signature card to a bank account are all end-of-life documents. They determine who gets what and through which legal procedure when someone dies.

Fortunately, checklists to help create an end-of-life plan are available through a number of trustworthy organizations. Among them:

- MOAA’s Help Your Survivors Now: A Guide to Planning Ahead
- VA’s Planning Your Legacy
- Military.com’s Military Retiree Survivor Checklist
- State Bar Association articles and forms

Research these resources, pick a checklist, or create one of your own. Gather legal documents you already have, including will, trust documents, health care directives, powers of attorney, beneficiary designations, asset inventory, deeds, military papers, instructions to access digital accounts, and contact information for family. Consult professionals — lawyer, accountant, insurance agent, financial advisor — to help put together the plan, and then review, update, redraft, and re-execute documents, lists, and paperwork when needed.

At least once a year, review and update the plan. Have circumstances changed? Do the documents do what they are intended to do? Have state or federal laws affecting any of these documents changed? Are lists of assets current? Are titles to real estate, bank accounts, and vehicles correct? Are beneficiary designations still good? Discuss your plan with those who hold health care proxy, powers of attorney, and other authority over your person and property. Put documents in a safe place, yet where they can be accessed by those in whom you have placed trust. Be proactive. End-of-life

documents are in reality life’s documents. Deal with them now.

## Here’s How the NDAA Addresses Military Spouse Unemployment

By: Kevin Lilley

Military spouse unemployment remains high on the list of challenges faced by military families made worse by the COVID-19 pandemic – the widely reported spouse unemployment rate of 24% in recent years reportedly may have risen to 35% as many spouses stopped working in the face of economic downturns, or simply to be home as child care centers closed or schools moved to virtual learning.

The FY 2022 National Defense Authorization Act (NDAA), signed into law last month, includes several passages designed to address this longstanding problem. Here’s a look at what’s on tap:

**Fellowship Program:** The law allows DoD to set up a three-year pilot program creating spouse employment opportunities via a “paid fellowship with employers across a variety of industries.” The assistance would be capped at \$5 million, and the program would stand up within a year of the bill becoming law.

**Remote Installation Policies:** The law requires DoD to create a department-wide policy that would “assess and manage challenges associated with remote military installations” and the men and women who serve there. This would include addressing employment opportunities in these areas for military spouses.

**Spouse Employment Study:** DoD must perform an in-depth study into the spouse unemployment issue, determining not only the unemployment and underemployment rate for spouses, but also asking spouses if their career has been affected by their spouse’s service and whether they’ve suffered “discrimination by civilian employers” because of their military family status. The study also will consider other “barriers of entry,” to include state licensure requirements and child care issues.



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## Ready Reference Contact Information

Air Force Retiree Services: (800) 531-7502;  
[www.retirees.af.mil](http://www.retirees.af.mil)

Arlington National Cemetery: (703) 607-8000;  
[www.arlingtoncemetery.org](http://www.arlingtoncemetery.org)

Armed Forces Retirement Home: (800) 422-9988;  
[www.afrh.gov](http://www.afrh.gov)

Army & Air Force Exchange Service: (214) 312-2011;  
[www.aafes.com](http://www.aafes.com)

Army Retired Services: (703) 571-7232;  
<https://soldierforlife.army.mil/retirement>

## Burial

Burial at Sea Information: (866) 787-0081

- Pre-Need Burial Benefit before you call checklist – [Funeral Director's Before You Call Checklist \(va.gov\)](http://www.funeraldirector.com/BeforeYouCallChecklist)
- Burial Benefits: [http://www.cem.va.gov/burial\\_benefits/](http://www.cem.va.gov/burial_benefits/)
- Burial Allowance: <http://www.benefits.va.gov/BENEFITS/factsheets/burials/Burial.pdf>
- Headstone/Marker/Medallion: <http://www.cem.va.gov/ce m/hmm/>
- Burial Flag: [http://www.cem.va.gov/cem/burial\\_benefits/burial\\_flags.asp](http://www.cem.va.gov/cem/burial_benefits/burial_flags.asp)

Combat Related Special Compensation:  
[www.donhq.navy.mil/corb/crscb/crscmainpage.htm](http://www.donhq.navy.mil/corb/crscb/crscmainpage.htm)

DEERS: (800)-538-9552, Fax: (831) 655-8317;  
[www.tricare.osd.mil/deers](http://www.tricare.osd.mil/deers)

Defense Commissary Agency: [www.commissaries.com](http://www.commissaries.com)

DFAS Casualty Assistance Branch: (800) 321-1080 or (216) 522-5955; (For Reporting a Retiree's death, option #1)

Fleet Reserve Association: (703) 683-1400; [www.fra.org](http://www.fra.org)

Gulf War homepage: [www.gulflink.osd.mil](http://www.gulflink.osd.mil)

I.D. Cards Benefits and Eligibility: (866) 827-5672;  
<http://www.mynavyhr.navy.mil/Support-Services/Pay-Pers-Support/ID-Cards/>

Internal Revenue Service: (800) 829-1040; [www.irs.gov](http://www.irs.gov)

Marine Corps Retired Affairs: (800) 336-4649;  
[www.usmc.mil](http://www.usmc.mil)  
(Hover over "Marine Services" then click on "Retired Services")

Medicare: (800) 633-4227. TTY: (877) 486-2048;  
[www.medicare.gov](http://www.medicare.gov)

Military Officers Assoc. of America: (800) 234-6622;  
[www.moaa.org](http://www.moaa.org)

National Burial Services: (800) 697-6940

NPC Navy Reserve Personnel Management (PERS 9): (866) 827-5672;  
[www.mynavyhr.navy.mil/Career-Management/Reserve-Personnel-Mgmt/](http://www.mynavyhr.navy.mil/Career-Management/Reserve-Personnel-Mgmt/)

Navy Casualty Assistance: (800) 368-3202

Navy Retired Activities Office: (866) U-ASK-NPC (866-827-5672) MILL [RetiredActivities@navy.mil](mailto:RetiredActivities@navy.mil);  
[www.mynavyhr.navy.mil/Support-Services/21st-Century-Sailor/Retired-Activities/](http://www.mynavyhr.navy.mil/Support-Services/21st-Century-Sailor/Retired-Activities/)

Navy Uniform Shop: (800) 368-4088; [www.navy-nex.com/uniform](http://www.navy-nex.com/uniform)

Reserve Component SBP: (866) 827-5672 ask for PERS-912

Retiree Dental — Delta Dental: (888) 838-8737;  
[www.trdp.org](http://www.trdp.org)

Servicemembers Group Insurance (SGLI): (800) 419-1473;  
[www.insurance.va.gov](http://www.insurance.va.gov)

Pay/SBP Questions: [www.dfas.mil](http://www.dfas.mil)  
Pay inquiries and update of pay or SBP records in case of death, divorce, or remarriage:  
Retiree:  
Defense Finance and Accounting Service  
U.S. Military Retirement Pay  
8899 E 56th Street  
Indianapolis, IN 46249-1200

Contact info: [2021calmoaa@gmail.com](mailto:2021calmoaa@gmail.com)





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(800) 321-1080 / Fax: (800) 469-6559.  
SBP/RSFPP annuitant:  
Defense Finance and Accounting Service  
U.S. Military Annuitant Pay  
8899 E 56th Street  
Indianapolis IN 46249-1300  
(800) 321-1080 / (800) 469-6559

VA: [www.va.gov](http://www.va.gov)

Regional offices: (800) 827-1000 (overseas retirees should contact the American Embassy/consulate), TDD (800) 829-4833

Records:

For replacement DD 214s, service records, medical records, award information:

Retired prior to 1995:

[www.archives.gov/veterans/militaryservice-records](http://www.archives.gov/veterans/militaryservice-records)

Retired after 1995:

Navy Personnel Command

PERS-312E

5720 Integrity Drive

Millington, TN 38055-3120

Fax requests to: (901) 874-2664

Gray-area reservists: (866) 827-5672

Navy recreation: [www.mwr.navy.mil](http://www.mwr.navy.mil)

Navy Gateway Inns & Suites: <http://dodlodging.net>

ITT: <http://navymwr.org/mwrprgms/itt.html>

Sister service retiree publications:

Air Force Afterburner: [www.retirees.af.mil/afterburner](http://www.retirees.af.mil/afterburner)

Army Echoes:

<https://soldierforlife.army.mil/retirement/echoes>

Coast Guard Evening Colors:

<http://www.uscg.mil/hq/cg1/psc/ras>

Marine Corps Semper Fidelis:

[www.manpower.usmc.mil/portal/page/portal/M\\_RA\\_HOME/MM/SR/RET\\_ACT/Semper\\_Fidelis](http://www.manpower.usmc.mil/portal/page/portal/M_RA_HOME/MM/SR/RET_ACT/Semper_Fidelis)

TRICARE: [www.mytricare.com/mtc](http://www.mytricare.com/mtc)

TRICARE East: [www.humanamilitary.com/beneficiary](http://www.humanamilitary.com/beneficiary)

AL, AR, CT, DC, DE, IL, IN, KY, FL, GA, LA, MA, MD, ME, MI, MS, NC, NH, NJ, NY, OH, OK, PA, RI, SC, TN (except 35 Western zips),

Insurance:

VA Regional Office and Insurance Center

PO Box 7208 (claims inquiries) -ORPO

Box 7327 (loans) -ORPO

Box 7787 (payments)

Philadelphia PA 19101

(800) 669-8477; [www.insurance.va.gov](http://www.insurance.va.gov)

Burial information: (800) 827-1000; [www.cem.va.gov](http://www.cem.va.gov)

GI Bill: (888) 442-4551; [www.gibill.va.gov](http://www.gibill.va.gov)

TX (except the extreme Western area) VT, VA, WI, and WV

TRICARE West: [www.tricare-west.com](http://www.tricare-west.com)

AK, AZ, CA, CO, HI, ID, IA (except 82 zips near Rock Island), KS, MO (except St. Louis area), MN, MT, ND, NE, NM, NV, OR, DE, SW TX, UT, WA, WY some zips in IA, MO, TN

TRICARE Overseas: (888) 777-8343; [www.tricare-overseas.com](http://www.tricare-overseas.com)

TRICARE For Life: (866) 773-0404; [www.tricare.mil/tfl](http://www.tricare.mil/tfl)

TRICARE mail order pharmacy: (877) 363-1303;

[www.tricare.mil/pharmacy](http://www.tricare.mil/pharmacy)

[www.express-scripts.com](http://www.express-scripts.com)

"USCG Retiree Services" (includes USPHS & NOAA)

<https://www.dcms.uscg.mil/Our-Organization/Assistant-Commandant-for-Human-Resources-CG-1/Retiree-Services-Program/>

Long Blue Line Retiree Bulletin (USCG, USPHS, NOAA)

: <https://www.longblueline.org/>

Fact Sheets/Eligibility Requirements:

- Pre-Need Burial Benefit before you call checklist – [Funeral Director's Before You Call Checklist \(va.gov\)](http://www.funeral-director.com/Before-You-Call-Checklist)
- Burial Benefits: [http://www.cem.va.gov/burial\\_benefits/](http://www.cem.va.gov/burial_benefits/)
- Burial Allowance: <http://www.benefits.va.gov/BENEFITS/factsheets/burials/Burial.pdf>
- Headstone/Marker/Medallion: <http://www.cem.va.gov/cem/hmm/>

Contact info: [2021calmoaa@gmail.com](mailto:2021calmoaa@gmail.com)





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- Burial  
Flag: [http://www.cem.va.gov/cem/burial\\_benefits/burial\\_flags.asp](http://www.cem.va.gov/cem/burial_benefits/burial_flags.asp)
- Survivor  
Pension: <http://www.benefits.va.gov/pension/spousepen.asp>
- Dependent Indemnity  
Compensation: <https://www.benefits.va.gov/BENEFITS/factsheets/survivors/dic.pdf>
- Aid and Attendance: [http://www.benefits.va.gov/pension/aid\\_attendance\\_housebound.asp](http://www.benefits.va.gov/pension/aid_attendance_housebound.asp)
- Medical Expense  
Report: <http://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-8416-ARE.pdf>
- Presidential Memorial  
Certificate: <http://www.cem.va.gov/cem/pmc.asp>
- Accrued  
Benefits: <https://www.benefits.va.gov/BENEFITS/factsheets/general/Accrued.pdf>
- Military Funeral Honors: [How do I arrange for military funeral honors for a veteran? And what exactly are they? > U.S. DEPARTMENT OF DEFENSE > FAQ](http://www.va.gov/faq)

## Burial Benefit Forms:

Burial

Allowance: <http://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-530-ARE.pdf>

- Headstone/Marker/Medallion: <http://www.va.gov/vaforms/va/pdf/VA40-1330.pdf>

Mail Headstone/Marker/Medallion form to:  
Memorial Programs Service (41B)  
Department of Veterans Affairs  
5109 Russell Road  
Quantico, VA 22134-3903

- Burial  
Flag: <http://www.vba.va.gov/pubs/forms/VBA-27-2008-ARE.pdf>

If working with Funeral/Mortuary Director, they should procure the flag for the family.

## Survivor Benefit Forms:

- Widows DIC/Pension Claim  
form: <http://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-534EZ-ARE.pdf>
- Income and Asset  
Statement: <https://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-0969-ARE.pdf>
- Substitution of Claimant (if Veteran had open claim/appeal @ death): <http://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-0847-ARE.pdf>
- Accrued Benefits claim  
form <http://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-601-ARE.pdf>
- Aid & Attendance/Housebound: <http://www.vba.va.gov/pubs/forms/VBA-21-2680-ARE.pdf>
- Aid & Attendance Nursing Home (if in home and filing A&A): <http://www.vba.va.gov/pubs/forms/VBA-21-0779-ARE.pdf>
- Veterans Life Insurance  
Withdrawal: <http://www.vba.va.gov/pubs/forms/VBA-29-4125-ARE.pdf>

Mail Life Insurance Withdrawal form to:  
Department of Veterans Affairs  
Regional Office and Insurance Center  
P.O. Box 7208 Philadelphia, PA 19101

- Presidential Memorial  
Certificate: <http://www.va.gov/vaforms/va/pdf/VA40-0247.pdf>

Mail/FAX PMC Form to:  
Presidential Memorial Certificates (41B3)  
National Cemetery Administration  
5109 Russell Road Quantico, VA 22134-3903  
Fax (800) 455-7143

- Third Party Authorization: <https://www.vba.va.gov/pubs/forms/VBA-21-0845-ARE.pdf>
- Mail any completed forms (unless otherwise noted above) to appropriate office below:

Department of Veterans Affairs  
Pension Intake Center





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PO Box 5365  
Janesville, WI 53547-5365

Toll Free Fax: 844-531-7818

U.S. Senate directory for 117th Congress.  
[https://www.senate.gov/general/contact\\_information/senators\\_cfm.cfm](https://www.senate.gov/general/contact_information/senators_cfm.cfm)

U.S. Senate: Contacting U.S. Senators  
<https://www.senate.gov/senators/senators-contact.htm>

U.S. Senate: Committee on Veterans' Affairs  
[https://www.senate.gov/general/committee\\_membership/committee\\_memberships\\_SVA.htm](https://www.senate.gov/general/committee_membership/committee_memberships_SVA.htm)

U.S. Senate: Committee on Armed Services  
[https://www.senate.gov/general/committee\\_membership/committee\\_memberships\\_SSAS.htm](https://www.senate.gov/general/committee_membership/committee_memberships_SSAS.htm)

House Armed Services Committee members  
<https://armedservices.house.gov/meet-our-members>

MOAA Surviving Spouses and Friends (Private Group) - Facebook link  
[https://www.facebook.com/groups/581427115240904/?multi\\_permaLinks=3829526447097605%2C3825063920877191%2C3824863560897227%2C3821842571199326%2C3815695241814059&notif\\_id=1609513928974893&notif\\_t=group\\_activity&ref=notif](https://www.facebook.com/groups/581427115240904/?multi_permaLinks=3829526447097605%2C3825063920877191%2C3824863560897227%2C3821842571199326%2C3815695241814059&notif_id=1609513928974893&notif_t=group_activity&ref=notif)

CALMOAA (Private Group) – Facebook  
Link: [www.facebook.com/groups/582556558468846/](http://www.facebook.com/groups/582556558468846/)

Military Officers Association of America (MOAA) - Facebook link  
<https://www.facebook.com/28446275521/posts/10159082027055522/?d=n>

**Navy Lodge locations:** To make a reservation, call the Navy Lodge Department of Defense Reservation Center at (800) 628-9466, or go online at: [www.navy-lodge.com](http://www.navy-lodge.com) or [www.dodlodging.com](http://www.dodlodging.com)

DODLODGING.COM  
<https://www.dodlodging.com/html/california.htm>

Here is a link identifying Military Bases in California. Note it does not include the Coast Guard, National Guard, NOAA, USPHS. NOAA is usually at Major Sea Ports around the Nation and US Territories. USPHS are co-located with the Coast Guard and reservations (plus).

<http://installationguide.militarytimes.com/>

## Veterans Numbers and Websites *VETERANS CRISIS LINE - 800-273-8255 AND PRESS 1*

- Chat online at <http://www.VeteransCrisisLine.net>
- Send a text message to 838255
- Service members and their families and friends can call and text the Veterans Crisis Line numbers and can chat online at <http://www.MilitaryCrisisLine.net>

**TOLL FREE NUMBERS FOR CONTACTING VA BENEFITS: 1-800-827-1000**

- Burial
- Death Pension

Contact info: [2021calmoaa@gmail.com](mailto:2021calmoaa@gmail.com)





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- Dependency Indemnity Compensation
- Direct Deposit
- Directions to VA Benefits Regional Offices
- Disability Compensation
- Disability Pension
- Education
- Home Loan Guaranty
- Medical Care
- Vocational Rehabilitation and Employment

**HEALTH CARE BENEFITS: 1-877-222-8387**

RESOURCE	PHONE NUMBER	WEBSITE
Bereavement Counseling	1-202-461-6530	
Children of Women Vietnam Veterans (CWVV)	1-877-345-8179 (or) 1-888-820-1756	
Civilian Health and Medical Program (CHAMPVA)	1-800-733-8387	
Debt Management Center (Collection of Non-Medical Debts)	1-800-827-0648	
Department of Veterans Affairs' (VA) National Call Center for Homeless Veterans hotline	1-877-424-3838	
eBenefits (General Questions & Technical Issues)	1-800-983-0937	
Education (GI Bill):	1-888-442-4551	
Federal Recovery Coordination Program	1-877-732-4456	
Foreign Medical Program	1-888-820-1756	
Gulf War Veterans Helpline	1-800-749-8387	
Homeless veterans	1-877-222-8387	
Income Verification and Means Testing	1-800-929-8387	
Life Insurance	1-800-669-8477	
Meds by Mail	1-888-385-0235 (or) 1-866-229-7389	
National Call Center for Homeless Veterans	1-877-424-3838	
National Cemetery Scheduling Office	1-800-535-1117	

Contact info: [2021calmoaa@gmail.com](mailto:2021calmoaa@gmail.com)





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National Personnel Records Center	1-314-801-0800
National Resource Directory	<a href="https://www.nrd.gov/">https://www.nrd.gov/</a>
Pension Management Center	1-877-294-6380
Presidential Memorial Certificate Program	1-202-565-4964
Service-Disabled Veteran-Owned or Veteran-Owned Small Business	1-202-303-3260
Special Health Issues	1-800-749-8387
Spina Bifida/Children of Women Vietnam Veterans	1-888-820-1756
Status of Headstones and Markers	1-800-697-6947
Telecommunications Device for the Deaf (TDD)	1-800-829-4833
VA Caregiver Support Line	1-855-260-3274
VA for Vets	1-855-824-8387
VA Inspector General	1-800-488-8244
VA Office of Public and Intergovernmental Affairs	1-202-461-7600
Veteran's ID Theft Hot Line	1-800-333-4636
Veterans' Employment and Training Service (VETS)	1-866-487-2365
Women Veterans	1-202-461-1070
Wounded Warrior Resource Center	1-800-342-9647

