



# California Council of Chapters of MOAA (CALMOAA)

May 2022 issue

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### Notes from the President's Desk

Thank you, Gene Talmadge, for chairing this 2<sup>nd</sup> Quarterly All Hands Meeting. There was a lot of great information that came out the meeting. I have attached Kathy Prout Surviving Spouse Report and Jeff Breiten Report separately. I will upload their document in CALMOAA website later.



Make them never be forgotten!





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Please remember to acknowledge your people. We have some hardworking individuals who are sometimes our unsung heroes. Please remember to submit your candidates for the 2022 Surviving Spouse Liaison Excellence Award your Legislative Chair for "The Colonel Steve Strobridge Legislative Chair/Liaison Award" before 1 June 2022.

Hopefully everyone saw my emails and Frank "Tank" Michael's emails inviting everyone in California to sign up for MOAA's Northwest Conference in June. I realize the deadline has passed but if you are interested, please reach out "Tank" (email: [frankm@moaa.org](mailto:frankm@moaa.org)). I would also like to thank you everyone for your continued support of AB 1623. I am sorry to report the Assembly Appropriations Committee place our bill was placed on hold in the committee which means it did not pass. Thank you everyone for your support. We had 1,298 messages sent via VoterVoice to our Assemblymembers and Senators. This is the first time we have used this tool as it was intended with great results. After Rev and Tax, we gained the following co-authors. They are *Principal coauthor: Assembly Member Seyarto, Coauthors: Assembly Members Mathis, Reyes, Salas, and Waldron Coauthor: Senator Jones.*

This year I asked MOAA to download our catchment areas so that **our chapter presidents and Area Vice Presidents could evaluate their catchments areas. The goal is to ensure every chapter is able to capture their zip codes.**

**Hopefully everyone saw General Atkins VOLUNTEER THANK YOU VIDEO.** If not here is the link to his thank you to all link: <https://youtu.be/dsXgHxc3slc> and please share with YOUR membership.

MOAA's [Community Outreach Sponsorship](#) is still available. (this is similar to the USAA program). You can apply for up to \$300 per chapter or \$800 per council to support community service programs and recruiting/branding events. Get details [at this link](#). This program is similar to the USAA program. In addition to the Community Outreach Sponsorship To review the grant for our Chapters Department, along with the Development's Department, use this link:<https://www.moaa.org/content/chapters-and-councils/chapters-and-councils/council-and-chapter-community-involvement/>

For Crisis Relief Grant, please access this link:<https://www.moaa.org/relief-verification>

I had the pleasure of viewing Charlie Walther (Tom Walther's brother) on Green Marine Technologies discussion this month. If you have time, please check out this YouTube presentation: <https://youtu.be/nBqJaGMxpEE>. Sailing Science Center Founder and President Jim Hancock sits down with Charlie Walther, a marine engineer who spent 23 years working for Crowley Maritime, doing everything from pumping bilges and working his way up to the director of engineering and machinery for five years. He left Crowley 33 years ago to start his own business, Walther Engineering, and has been involved in the "Green-ification" of the San Francisco Ferry fleet.

Respectfully,

E Fred Green, Jr.  
President CALMOAA





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## Virtual Career Transition, Financial Education and Military Benefits Events (May 2022)

**MOAA Virtual Military Executive Transition (MET) seminar.** Tues, May 24–Wed, May 25.

Register: <https://www.moaa.org/content/events/transition-and-career/may-2022-military-executive-transition-seminar> . **Session I: May 24, 12:30-5 p.m. ET; Session II: May 25, 8:30 a.m.-12 p.m. ET** (Both sessions included in seminar registration).

**May 25, 12 – 1 p.m. ET** (Exclusive post-event Transition Mindset working lunch coaching session for MOAA Premium and Life members). From networking and resume development to interview prep and salary/benefits negotiations, this virtual two-day workshop focuses on key aspects of a successful military-to-civilian transition for military leaders and for veterans looking for advancement in the civilian careers. Military spouses are most welcome to attend. Pricing is tiered based on MOAA membership level. Limited space - reserve your seat!

## Webinar: How to Land a Federal Senior Service Executive (SES) Position.

Wed, June 8 at 2:00 PM ET.

Register: [https://www.moaa.org/content/events/transition-and-career/how-to-land-a-federal-senior-executive-service-\(ses\)-position/](https://www.moaa.org/content/events/transition-and-career/how-to-land-a-federal-senior-executive-service-(ses)-position/). Thinking about joining the top 2% of federal leaders? Don't miss this expert advice on how to land the position! Join MOAA for an exclusive, comprehensive webinar discussing the application process for Federal Senior Executive Service (SES) positions.

## Surviving Spouse

Please see Kathy's Surviving Spouse Report in separate attachment.

Please join "MOAA Surviving Spouses and Friends (Private Group) – Facebook." My wife and I are members and it have been very enlightening. Some members of my chapter have also stated how helpful it is even if you are not a surviving spouse. Check out it out.

There is a new Facebook Group called "[DIC Surviving Spouses/DIC Increase Advocacy](#)".

MOAA has a lot of information for Surviving Spouses of on their website <https://www.moaa.org/content/topic-and-landing-pages/i-am-a-surviving-spouse/> . They have brochures about how to be prepared in the case of a death. Look at the VA website [www.va.gov](http://www.va.gov) and look under the presumptive conditions <https://benefits.va.gov/BENEFITS/factsheets/serviceconnected/presumption.pdf> and <https://www.va.gov/search/?query=presumptive%20conditions&t=false> . Review your accounts (checking, credit cards, utilities, etc. to ensure that if something happened to one it does not lock out the surviving spouse. Review your Trust and/or Will to ensure it has what you and spouse wants. Protect your loved ones!!

## Significant dates and MOAA deadlines

### CALMOAA Quarterly Meetings

3<sup>rd</sup> Quarter CALMOAA All Hands – Kathy Prout will be chairing. Keep an eye out for the announcement.

4<sup>th</sup> Quarter CALMOAA Annual Meeting/All Hands – \_\_\_\_\_ will be chairing. Keep an eye out for the announcement.

## Significant dates and MOAA deadlines

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## *Colonel Steve Strobridge Legislative Chair/Liaison Award*

- This annual award recognizes an affiliate Legislative Chair or Liaison who has demonstrated superior service to their council/chapter and national MOAA in support of national and/or state legislation which affects servicemembers, veterans, retirees, and their families. Award criteria and nomination form can be found [at this link \(PDF\)](#). The deadline to submit nominations is June 1, 2022.

## *2022 Surviving Spouse Liaison Excellence Award*

- Surviving Spouse Liaisons work at the Council and Chapter level to ensure fellow survivors remain connected to the military family and participate in local and national programs and advocacy efforts. [Learn more about this position here](#). Download the [2022 nomination form and instructions at this link \(PDF\)](#). The deadline to submit nominations is June 1, 2022.

## **Council and Chapter Awards**

<https://www.moaa.org/content/chapters-and-councils/chapters-and-councils/council-and-chapter-awards/>

**Looking for a recording from a past webinar, roundtable, or another event?** Visit our [Council and Chapter Webinars and Video Archive](#) page.

CALMOAA is here to help to the best of its ability. Please reach out whenever. Please visit CALMOAA website [www.Californiamoaa.com](http://www.Californiamoaa.com) it has a wealth of info about VA and TRICARE benefits, job opportunities and much more.

## State and National Legislation

**MOAA [Advocacy in Action](#)** this year is:

- **The Major Richard Star Act (concurrent receipt for combat-injured servicemembers).** Target legislation is [H.R. 1282](#) with 186 co-sponsors as of Feb. 14 – picking up 35 new co-sponsors this session. The Senate’s bill, [S. 344](#), has 55 co-sponsors as of Feb. 14. We will build on this momentum from last year to get these bills to a floor vote, or have the bill’s language made part of the FY 2023 NDAA with support from House and Senate leaders. This legislation impacts over 50,000 combat-injured service members who were not able to serve their full 20 years due to those injuries. Passage of this bill will also impact current and future members who may face the same fate of early retirements due to combat injuries.
- **TRICARE Mental Health Copayments.** MOAA supports the Stop Copay Overpay Act ([H.R. 4824](#)) – mental health is increasingly important, and the issue is getting attention on the Hill due to pandemic impacts and the effects of social media on children’s well-being. This topic acknowledges the national shortfall of access to quality mental health care and addresses TRICARE’s financial barrier to care when it is available – a problem MOAA can help fix. This legislation will benefit our currently serving families on TRICARE Select and our working-age retirees and their families.

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- **Military Pay Raise at 4.6%.** This will be worked in the FY 2023 NDAA with insights in the president’s budget and input from the Armed Services Committees in both chambers. Some legislators are interested in [adjusting pay tables for the junior enlisted](#). We have yet to see details of any such plans, but in the meantime, we remain focused on the 4.6% raise for all ranks. This topic addresses the currently serving and their families (pay and benefits) and is significantly important to those who are about to retire.
- The MOAA AIA website will be live in mid-March for those who want to get a head start on lobbying for these three important topics. Watch for updates at [MOAA.org/AiA](https://moaa.org/AiA).

See **CALMOAA LEGISLATIVE REPORT - 2ND QUARTER BOARD MEETING, MAY 14, 2022 attached and CALMOAA legislative website**

[California Senate Bills \(Veteran\) for 2021 – 2022](#)

[California Assembly Bills \(Veteran\) for 2021 – 2022](#)

## **National Legislation and MOAA Advocacy in Action**

NATIONAL LEGISLATIVE HIGHLIGHTS

<https://takeaction.moaa.org/moaa/?0>

## **MOAA Store**

The [MOAA Store](#) is officially back up and running! There are variety of items that can be found in the store at <https://moaa.estimate.shop/>. From apparel to headwear and much more, there are many items to show your MOAA pride!

## **CALMOAA TOPS - NAVNET**

You can find career opportunities at the NAVNET website [www.navnetresources.com](http://www.navnetresources.com) which will be added to the CALMOAA website. If anyone has and/or know of any openings for NAVNET they can send them to Tom Hammons at [tom@navnetresources.com](mailto:tom@navnetresources.com)

## **Take These 3 Actions After Filing Your Taxes**

By: Lila Quintiliani

If you were required to file 2021 taxes, hopefully you did so by April 18 ... or at least filed for an extension. This was the first time in two years federal taxes were due in April, and millions of taxpayers rushed to file at the last minute. While most folks would rather forget about their taxes for another whole year, there are a few actions that you should take before filing away all those forms and documents.

1. Check the Status of Your Return

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The IRS says that it issues 9 out of 10 refunds within 21 days. However, some returns require additional review, and the IRS has issued a statement explaining why some might take more time, with reasons ranging from errors to suspected identity theft. One thing is clear: Don't count on receiving the money by any particular date. If you're curious about the status of your refund, you can use the IRS' Where's My Refund tool 24 hours after e-filing and four weeks after mailing in your return. The status is updated daily.

## 2. Have a Plan for Your Refund

You may not know when your refund will arrive, but you should have some idea what to do with it when it does. Whether it's boosting your emergency fund, paying off debt, or saving for your kids' education, have a concrete plan in place. Otherwise, that money may get treated (and spent!) as an unexpected windfall.

## 3. Revisit Your Withholding Amounts

If you had an unexpectedly large refund or, conversely, an unexpected tax bill, then you might want to adjust the amount withheld from your paycheck or your retired pay. Remember, a huge refund generally means that you gave the government an interest-free loan. On the other hand, if you withhold too little, you may be subject to penalties and be forced to make estimated payments in the future. The IRS has a withholding estimator you can use to figure out your federal tax withholding. If you have no earned income, only a pension, then you can use Form W-4P to determine the correct amount of tax to withhold. Visit [MOAA.org/Finance](http://MOAA.org/Finance) for the latest news, resources for MOAA members, and more.

## MOAA-Backed Bill Improving SGLI, VGLI Passes Senate

By: Kevin Lilley

A MOAA-supported bill increasing the amount of life insurance available to servicemembers and veterans via two popular VA plans took a major step forward last week, passing the Senate via a voice vote.

The Supporting Families of the Fallen Act (S. 2794) would increase the automatic maximum coverage under both the Servicemembers' Group Life Insurance (SGLI) and Veterans' Group Life Insurance (VGLI) plans from \$400,000 to \$500,000. It would be the first coverage-cap increase for either plan since 2005.

"This legislation is ultimately about supporting the families of servicemembers," said MOAA President and CEO Lt. Gen. Dana T. Atkins, USAF (Ret). "MOAA looks forward to growing bipartisan support for this important modernization of life insurance."

The bipartisan bill heads to the House for consideration. The House version of the bill (H.R. 3793), introduced in June 2021 by Reps. Chip Roy (R-Texas) and Mike Levin (D-Calif.), has 13 co-sponsors. Sen. Tommy Tuberville (R-Ala.), who introduced the Senate version, told [Military.com](http://Military.com) the bill "has good support" in the House.

The bill marks a major step toward adjusting SGLI and VGLI coverage for inflation. According to the Bureau of Labor Statistics inflation calculator, \$400,000 coverage in January 2005 would represent more than \$595,000 in purchasing power in February 2022.

While the \$100,000 increase doesn't cover the entire amount, the legislation could set the stage for Congress to make further adjustments – moves necessary to protect the benefit of these insurance programs and preserve the financial security of military families.

## Ready to Go Remote? Don't Miss These 2 MOAA Events in May

By: Kristian Spraggins

MOAA has partnered with Indeed to offer two May events designed to help you land the perfect remote-work situation -- a special webinar and a virtual career fair featuring remote and teleworking opportunities. If you are in the process of

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transitioning out of service, a military spouse looking to change career paths, or a veteran or spouse seeking advancement in your career, don't miss these exclusive opportunities.

First, join MOAA and Indeed's Solomon Rhima, senior sales strategist with Indeed for Military, for a May 12 webinar designed to maximize your virtual hiring experience. Among the topics addressed:

- Best practices for your job search.
- Tips for researching your companies, including an employer's military- or veteran-hiring page.
- Résumé do's and don'ts for remote work.
- How to ace an interview.

Participants also will be able to ask questions after the presentation. Can't make the webinar? Register and you'll receive a link to the recording

Once you're prepared for success on the remote-job market, join MOAA and Indeed on May 17 for a virtual career fair focused on telecommuting opportunities. Visit the event page to register and for a list of participating employers.

Working with MOAA and Indeed can help you take advantage of a job seeker's market: U.S. job postings on Indeed were up 60.5% year-over-year as of January 2022, according to the Indeed Hiring Lab. MOAA and Indeed can help you find military-friendly, veteran-ready companies among those seeking new talent, and can help you take advantage of some of the perks being offered to attract talented workers, including more remote roles. Job seekers are also using their power in this market to demand more fulfilling jobs and work. A fulfilling job can mean different things to different people – from higher pay to flexible hours to more responsibility.





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## Ready Reference Contact Information

Air Force Retiree Services: (800) 531-7502;  
[www.retirees.af.mil](http://www.retirees.af.mil)

Arlington National Cemetery: (703) 607-8000;  
[www.arlingtoncemetery.org](http://www.arlingtoncemetery.org)

Armed Forces Retirement Home: (800) 422-9988;  
[www.afrh.gov](http://www.afrh.gov)

Army & Air Force Exchange Service: (214) 312-2011;  
[www.aafes.com](http://www.aafes.com)

Army Retired Services: (703) 571-7232;  
<https://soldierforlife.army.mil/retirement>

## Burial

Burial at Sea Information: (866) 787-0081

- Pre-Need Burial Benefit before you call checklist – [Funeral Director's Before You Call Checklist \(va.gov\)](#)
- Burial Benefits: [http://www.cem.va.gov/burial\\_benefits/](http://www.cem.va.gov/burial_benefits/)
- Burial Allowance: <http://www.benefits.va.gov/BENEFITS/factsheets/burials/Burial.pdf>
- Headstone/Marker/Medallion: <http://www.cem.va.gov/cem/hmm/>
- Burial Flag: [http://www.cem.va.gov/cem/burial\\_benefits/burial\\_flags.asp](http://www.cem.va.gov/cem/burial_benefits/burial_flags.asp)

Combat Related Special Compensation:  
[www.donhq.navy.mil/corb/crscb/crscmainpage.htm](http://www.donhq.navy.mil/corb/crscb/crscmainpage.htm)

DEERS: (800)-538-9552, Fax: (831) 655-8317;  
[www.tricare.osd.mil/deers](http://www.tricare.osd.mil/deers)

Defense Commissary Agency: [www.commissaries.com](http://www.commissaries.com)

DFAS Casualty Assistance Branch: (800) 321-1080 or (216) 522-5955; (For Reporting a Retiree's death, option #1)

Fleet Reserve Association: (703) 683-1400; [www.fra.org](http://www.fra.org)

Gulf War homepage: [www.gulflink.osd.mil](http://www.gulflink.osd.mil)

I.D. Cards Benefits and Eligibility: (866) 827-5672;  
<http://www.mynavyhr.navy.mil/Support-Services/Pers-Support/ID-Cards/>

Internal Revenue Service: (800) 829-1040; [www.irs.gov](http://www.irs.gov)

Marine Corps Retired Affairs: (800) 336-4649;  
[www.usmc.mil](http://www.usmc.mil)  
(Hover over "Marine Services" then click on "Retired Services")

Medicare: (800) 633-4227. TTY: (877) 486-2048;  
[www.medicare.gov](http://www.medicare.gov)

Military Officers Assoc. of America: (800) 234-6622;  
[www.moaa.org](http://www.moaa.org)

National Burial Services: (800) 697-6940

NPC Navy Reserve Personnel Management (PERS 9): (866) 827-5672;  
[www.mynavyhr.navy.mil/Career-Management/Reserve-Personnel-Mgmt/](http://www.mynavyhr.navy.mil/Career-Management/Reserve-Personnel-Mgmt/)

Navy Casualty Assistance: (800) 368-3202

Navy Retired Activities Office: (866) U-ASK-NPC (866-827-5672) MILL [RetiredActivities@navy.mil](mailto:RetiredActivities@navy.mil);  
[www.mynavyhr.navy.mil/Support-Services/21st-Century-Sailor/Retired-Activities/](http://www.mynavyhr.navy.mil/Support-Services/21st-Century-Sailor/Retired-Activities/)

Navy Uniform Shop: (800) 368-4088; [www.navy-nex.com/uniform](http://www.navy-nex.com/uniform)

Reserve Component SBP: (866) 827-5672 ask for PERS-912

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Retiree Dental — Delta Dental: (888) 838-8737;  
[www.trdp.org](http://www.trdp.org)

Servicemembers Group Insurance (SGLI): (800) 419-1473;  
[www.insurance.va.gov](http://www.insurance.va.gov)

Pay/SBP Questions: [www.dfas.mil](http://www.dfas.mil)  
Pay inquiries and update of pay or SBP records in case of death, divorce, or remarriage:

Retiree:  
Defense Finance and Accounting Service  
U.S. Military Retirement Pay  
8899 E 56th Street  
Indianapolis, IN 46249-1200  
(800) 321-1080 / Fax: (800) 469-6559.

SBP/RSFPP annuitant:  
Defense Finance and Accounting Service  
U.S. Military Annuitant Pay

Records:  
For replacement DD 214s, service records, medical records, award information:

Retired prior to 1995:  
[www.archives.gov/veterans/militaryservice-records](http://www.archives.gov/veterans/militaryservice-records)

Retired after 1995:  
Navy Personnel Command  
PERS-312E  
5720 Integrity Drive  
Millington, TN 38055-3120  
Fax requests to: (901) 874-2664  
Gray-area reservists: (866) 827-5672  
Navy recreation: [www.mwr.navy.mil](http://www.mwr.navy.mil)  
Navy Gateway Inns & Suites: <http://dodlodging.net>  
ITT: <http://navymwr.org/mwrprgms/itt.html>

Sister service retiree publications:  
Air Force Afterburner: [www.retirees.af.mil/afterburner](http://www.retirees.af.mil/afterburner)

Army Echoes:  
<https://soldierforlife.army.mil/retirement/echoes>

Coast Guard Evening Colors:  
<http://www.uscg.mil/hq/cg1/psc/ras>

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8899 E 56th Street  
Indianapolis IN 46249-1300  
(800) 321-1080 / (800) 469-6559

VA: [www.va.gov](http://www.va.gov)  
Regional offices: (800) 827-1000 (overseas retirees should contact the American Embassy/consulate), TDD (800) 829-4833

Insurance:  
VA Regional Office and Insurance Center  
PO Box 7208 (claims inquiries) -ORPO  
Box 7327 (loans) -ORPO  
Box 7787 (payments)  
Philadelphia PA 19101  
(800) 669-8477; [www.insurance.va.gov](http://www.insurance.va.gov)  
Burial information: (800) 827-1000; [www.cem.va.gov](http://www.cem.va.gov)

GI Bill: (888) 442-4551; [www.gibill.va.gov](http://www.gibill.va.gov)

Marine Corps Semper Fidelis:  
[www.manpower.usmc.mil/portal/page/portal/M\\_RA\\_HOME/MM/SR/RET\\_ACT/Semper\\_Fidelis](http://www.manpower.usmc.mil/portal/page/portal/M_RA_HOME/MM/SR/RET_ACT/Semper_Fidelis)

TRICARE: [www.mytricare.com/mtc](http://www.mytricare.com/mtc)

TRICARE East: [www.humanamilitary.com/beneficiary](http://www.humanamilitary.com/beneficiary)  
AL, AR, CT, DC, DE, IL, IN, KY, FL, GA, LA, MA, MD, ME, MI, MS, NC, NH, NJ, NY, OH, OK, PA, RI, SC, TN (except 35 Western zips), TX (except the extreme Western area) VT, VA, WI, and WV

TRICARE West: [www.tricare-west.com](http://www.tricare-west.com)  
AK, AZ, CA, CO, HI, ID, IA (except 82 zips near Rock Island), KS, MO (except St. Louis area), MN, MT, ND, NE, NM, NV, OR, DE, SW TX, UT, WA, WY some zips in IA, MO, TN

TRICARE Overseas: (888) 777-8343; [www.tricare-overseas.com](http://www.tricare-overseas.com)





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TRICARE For Life: (866) 773-0404; [www.tricare.mil/tfl](http://www.tricare.mil/tfl)

TRICARE mail order pharmacy: (877) 363-1303;  
[www.tricare.mil/pharmacy](http://www.tricare.mil/pharmacy)  
[www.express-scripts.com](http://www.express-scripts.com)

"USCG Retiree Services" (includes USPHS & NOAA)  
<https://www.dcms.uscg.mil/Our-Organization/Assistant-Commandant-for-Human-Resources-CG-1/Retiree-Services-Program/>

Long Blue Line Retiree Bulletin (USCG, USPHS, NOAA) : <https://www.longblue.org/>

### Fact Sheets/Eligibility Requirements:

- Pre-Need Burial Benefit before you call checklist – [Funeral Director's Before You Call Checklist \(va.gov\)](http://www.va.gov)
- Burial Benefits: [http://www.cem.va.gov/burial\\_benefits/](http://www.cem.va.gov/burial_benefits/)
- Burial Allowance: <http://www.benefits.va.gov/BENEFITS/factsheets/burials/Burial.pdf>
- Headstone/Marker/Medallion: <http://www.cem.va.gov/cem/hmm/>
- Burial Flag: [http://www.cem.va.gov/cem/burial\\_benefits/burial\\_flags.asp](http://www.cem.va.gov/cem/burial_benefits/burial_flags.asp)
- Survivor Pension: [http://www.benefits.va.gov/pension/spouse\\_pen.asp](http://www.benefits.va.gov/pension/spouse_pen.asp)
- Dependent Indemnity Compensation: <https://www.benefits.va.gov/BENEFITS/factsheets/survivors/dic.pdf>
- Aid and Attendance: [http://www.benefits.va.gov/pension/aid\\_attendance\\_housebound.asp](http://www.benefits.va.gov/pension/aid_attendance_housebound.asp)
- Medical Expense Report: <http://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-8416-ARE.pdf>
- Presidential Memorial Certificate: <http://www.cem.va.gov/cem/pmc.asp>

- Accrued Benefits: <https://www.benefits.va.gov/BENEFITS/factsheets/general/Accrued.pdf>
- Military Funeral Honors: [How do I arrange for military funeral honors for a veteran? And what exactly are they? > U.S. DEPARTMENT OF DEFENSE > FAQ](https://www.va.gov/opa/faq/militaryfuneralhonors.asp)

### Burial Benefit Forms:

- Burial Allowance: <http://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-530-ARE.pdf>
- Headstone/Marker/Medallion: <http://www.va.gov/vaforms/va/pdf/VA40-1330.pdf>  
Mail Headstone/Marker/Medallion form to:  
Memorial Programs Service (41B)  
Department of Veterans Affairs  
5109 Russell Road  
Quantico, VA 22134-3903
  - Burial Flag: <http://www.vba.va.gov/pubs/forms/VBA-27-2008-ARE.pdf>

If working with Funeral/Mortuary Director, they should procure the flag for the family.

### Survivor Benefit Forms:

- Widows DIC/Pension Claim form: <http://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-534EZ-ARE.pdf>
- Income and Asset Statement: <https://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-0969-ARE.pdf>
- Substitution of Claimant (if Veteran had open claim/appeal @ death): <http://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-0847-ARE.pdf>
- Accrued Benefits claim form <http://vbaw.vba.va.gov/bl/20/cio/20s5/forms/VBA-21P-601-ARE.pdf>

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- Aid & Attendance/Housebound: <http://www.vba.va.gov/v/pubs/forms/VBA-21-2680-ARE.pdf>
- Aid & Attendance Nursing Home (if in home and filing A&A): <http://www.vba.va.gov/pubs/forms/VBA-21-0779-ARE.pdf>
- Veterans Life Insurance Withdrawal: <http://www.vba.va.gov/pubs/forms/VBA-29-4125-ARE.pdf>

Mail Life Insurance Withdrawal form

to:

Department of Veterans Affairs  
Regional Office and Insurance Center  
P.O. Box 7208 Philadelphia, PA 19101

- Presidential Memorial Certificate: <http://www.va.gov/vaforms/va/pdf/VA40-0247.pdf>

Mail/FAX PMC Form to:

Presidential Memorial Certificates (41B3)  
National Cemetery Administration  
5109 Russell Road Quantico, VA 22134-3903  
Fax (800) 455-7143

- Third Party Authorization: <https://www.vba.va.gov/pubs/forms/VBA-21-0845-ARE.pdf>

- Mail any completed forms (unless otherwise noted above) to appropriate office below:

Department of Veterans Affairs  
Pension Intake Center  
PO Box 5365  
Janesville, WI 53547-5365

Toll Free Fax: 844-531-7818

U.S. Senate directory for 117th Congress.  
[https://www.senate.gov/general/contact\\_information/senators\\_cfm.cfm](https://www.senate.gov/general/contact_information/senators_cfm.cfm)

U.S. Senate: Contacting U.S. Senators  
<https://www.senate.gov/senators/senators-contact.htm>

U.S. Senate: Committee on Veterans' Affairs  
[https://www.senate.gov/general/committee\\_membership/committee\\_memberships\\_SVA.htm](https://www.senate.gov/general/committee_membership/committee_memberships_SVA.htm)

U.S. Senate: Committee on Armed Services  
[https://www.senate.gov/general/committee\\_membership/committee\\_memberships\\_SSAS.htm](https://www.senate.gov/general/committee_membership/committee_memberships_SSAS.htm)

House Armed Services Committee members  
<https://armedservices.house.gov/meet-our-members>

MOAA Surviving Spouses and Friends (Private Group) - Facebook link  
[https://www.facebook.com/groups/581427115240904/?multi\\_permaLinks=3829526447097605%2C3825063920877191%2C3824863560897227%2C3821842571199326%2C3815695241814059&notif\\_id=1609513928974893&notif\\_t=group\\_activity&ref=notif](https://www.facebook.com/groups/581427115240904/?multi_permaLinks=3829526447097605%2C3825063920877191%2C3824863560897227%2C3821842571199326%2C3815695241814059&notif_id=1609513928974893&notif_t=group_activity&ref=notif)

CALMOAA (Private Group) – Facebook  
Link: [www.facebook.com/groups/582556558468846/](http://www.facebook.com/groups/582556558468846/)

Military Officers Association of America (MOAA) - Facebook link  
<https://www.facebook.com/28446275521/posts/10159082027055522/?d=n>

Navy Lodge locations: To make a reservation, call the Navy Lodge Department of Defense Reservation Center at (800) 628-9466, or go online at: [www.navy-lodge.com](http://www.navy-lodge.com) or [www.dodlodging.com](http://www.dodlodging.com)

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DODLODGING.COM

<https://www.dodlodging.com/html/california.htm>

Here is a link identifying Military Bases in California. Note it does not include the Coast Guard, National Guard, NOAA, USPHS. NOAA is usually at Major Sea Ports around the Nation and US Territories. USPHS are co-located with the Coast Guard and reservations (plus).

<http://installationguide.militarytimes.com/>

### Veterans Numbers and Websites

#### **VETERANS CRISIS LINE - 800-273-8255 AND PRESS 1**

- Chat online at <http://www.VeteransCrisisLine.net>
- Send a text message to 838255
- Service members and their families and friends can call and text the Veterans Crisis Line numbers and can chat online at <http://www.MilitaryCrisisLine.net>

#### **TOLL FREE NUMBERS FOR CONTACTING VA BENEFITS: 1-800-827-1000**

- Burial
- Death Pension
- Dependency Indemnity Compensation
- Direct Deposit
- Directions to VA Benefits Regional Offices
- Disability Compensation
- Disability Pension
- Education
- Home Loan Guaranty
- Medical Care
- Vocational Rehabilitation and Employment

#### **HEALTH CARE BENEFITS: 1-877-222-8387**

RESOURCE	PHONE NUMBER	WEBSITE
Bereavement Counseling	1-202-461-6530	
Children of Women Vietnam Veterans (CWVV)	1-877-345-8179 (or)	
	1-888-820-1756	
Civilian Health and Medical Program (CHAMPVA)	1-800-733-8387	

Contact info: [2021calmoaa@gmail.com](mailto:2021calmoaa@gmail.com)

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Debt Management Center (Collection of Non-Medical Debts)	1-800-827-0648
Department of Veterans Affairs' (VA) National Call Center for Homeless Veterans hotline	1-877-424-3838
eBenefits (General Questions & Technical Issues)	1-800-983-0937
Education (GI Bill):	1-888-442-4551
Federal Recovery Coordination Program	1-877-732-4456
Foreign Medical Program	1-888-820-1756
Gulf War Veterans Helpline	1-800-749-8387
Homeless veterans	1-877-222-8387
Income Verification and Means Testing	1-800-929-8387
Life Insurance	1-800-669-8477
Meds by Mail	1-888-385-0235 (or) 1-866-229-7389
National Call Center for Homeless Veterans	1-877-424-3838
National Cemetery Scheduling Office	1-800-535-1117
National Personnel Records Center	1-314-801-0800
National Resource Directory	<a href="https://www.nrd.gov/">https://www.nrd.gov/</a>
Pension Management Center	1-877-294-6380
Presidential Memorial Certificate Program	1-202-565-4964
Service-Disabled Veteran-Owned or Veteran-Owned Small Business	1-202-303-3260
Special Health Issues	1-800-749-8387
Spina Bifida/Children of Women Vietnam Veterans	1-888-820-1756
Status of Headstones and Markers	1-800-697-6947
Telecommunications Device for the Deaf (TDD)	1-800-829-4833
VA Caregiver Support Line	1-855-260-3274





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VA for Vets	1-855-824-8387
VA Inspector General	1-800-488-8244
VA Office of Public and Intergovernmental Affairs	1-202-461-7600
Veteran's ID Theft Hot Line	1-800-333-4636
Veterans' Employment and Training Service (VETS)	1-866-487-2365
Women Veterans	1-202-461-1070
Wounded Warrior Resource Center	1-800-342-9647

**CALMOAA Press Release - As of 16 April these are the links to our press release.**

**PRNewswire**

<https://www.prnewswire.com/news-releases/assemblyman-ramos-calmoaa-and-veterans-gather-to-support-ab-1623-301526108.html>

**KTLA**

<https://ktla.com/business/press-releases/cision/20220414DC26070/assemblyman-ramos-calmoaa-and-veterans-gather-to-support-ab-1623/>

**Yahoo news**

[https://www.yahoo.com/now/assemblyman-ramos-calmoaa-veterans-gather-180600906.html?guccounter=1&guce\\_referrer=aHR0cHM6Ly93d3cuZ29vZ2xlLmNvbS8&guce\\_referrer\\_sig=AQAAAMahcBaz5pU9YSInDZnNiR-EiYJ5hriA2Nn3DdwON0gxdQFzHUGy-fxybH48OwZIZJ-KvaFiVUexOZMqWrUoYEMitBIR0\\_lrDKkm3drOFB9EQQtS3gFPMgRd5SVdXDXf7dAv30f4SLmmSVoyBdBh0RVF5r0UpCbifzy6xrRfHDn](https://www.yahoo.com/now/assemblyman-ramos-calmoaa-veterans-gather-180600906.html?guccounter=1&guce_referrer=aHR0cHM6Ly93d3cuZ29vZ2xlLmNvbS8&guce_referrer_sig=AQAAAMahcBaz5pU9YSInDZnNiR-EiYJ5hriA2Nn3DdwON0gxdQFzHUGy-fxybH48OwZIZJ-KvaFiVUexOZMqWrUoYEMitBIR0_lrDKkm3drOFB9EQQtS3gFPMgRd5SVdXDXf7dAv30f4SLmmSVoyBdBh0RVF5r0UpCbifzy6xrRfHDn)

**News Leaflets**

<https://newsleaflets.com/assemblyman-ramos-calmoaa-and-veterans-gather-to-support-ab-1623>

**Benzinga**

<https://www.benzinga.com/amp/content/26642968>

**Next Wave Group**

<https://www.nextwavegroup.com/news?rkey=20220414DC26070&filter=11189>

**Valley News Live (Fargo, ND)**

<https://www.valleynewslive.com/prnewswire/2022/04/14/assemblyman-ramos-calmoaa-veterans-gather-support-ab-1623/>

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[WAFF 48 \(Huntsville, AL\)](#)

<https://www.waff.com/prnewswire/2022/04/14/assemblyman-ramos-calmoaa-veterans-gather-support-ab-1623/>

[Longview News Journal WN.com](#) Posted 2022-04-14

<https://article.wn.com/view/2022/04/14/assemblyman-ramos-calmoaa-and-veterans-gather-to-support-ab-a/>



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